

# Tell me a story

Promote mindfulness, creativity and language through digital sources.



## Introduction

Most of us know the story of Frederik the Mouse. While the other field mice were gathering grains and nuts for the winter, Frederik was lying on a stone and looking up at the sky. The mice got angry and scolded him lazy. When supplies ran out in winter, the mice no longer wanted to share with Frederik. Hungry and trembling, Frederik began to talk about the rays of the sun, the colourful flowers and the chirping of birds. The mice listened to his tales, they felt warm and the winter passed faster than ever. Now the mice recognized that Frederik was collecting colours, sounds and the rays of the sun, which shortened their waiting time for spring.

Many teachers observe that the pupil's language becomes impoverished and the ability to concentrate and listen deteriorates. Some owe this to digitization. A reason may also be found in the wrong and excessive use of digital resources. It is all the more important to use digital resources in a targeted manner.

## Description

This Unit can be used during Project - Weeks, hiking days, or similar school events.

Age: from 6 - 18, it can be fun for all, depending on the desired outcome.

## Devices

Mobile Phone, Digital Camera



*Roses, Vienna Burggarten, M.Th.F*



*Erlaufschlucht, M.Th.F.*

Ask the students to attentively and quietly hike through the forest, meadow, ... Encourage students to pay special attention to colours, shapes, plants, insects ...

Suggest that students record sounds and noises.

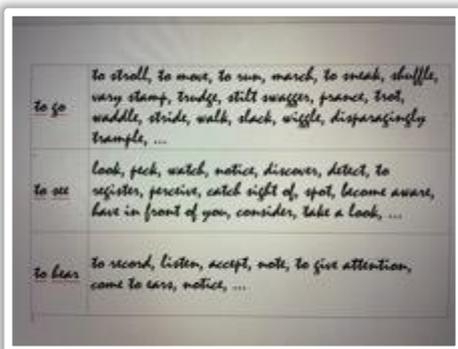


## Collecting Shapes

Pupils take photos of different shapes, colours and / or surfaces according to the task at hand.

## Collecting Sounds

Students can record different sounds using their cell phones. Sounds could be birds singing, steps crunching, the sound of an airplane and so on.



## Collecting words

Back at school or at a rest stop encourage the students to find as many different adjectives as possible to match the pictures. Collect the words. Try the same with suitable verbs, nouns for colours and shapes, sounds and smells.

## Talking, Writing, Drawing

At the end, stories about the experiences, the images and sounds are written and told. The stories can be collected and published in the school newspaper. Encourage your students to make drawings to illustrate their stories.

